

<p>“Help me live well until I die” <i>I am confident that...</i></p>	<p>Score 1-5 (1 = not confident, 5 = very confident) Note observations</p>	<p>What makes this harder?</p>	<p>What makes this easier?</p>	<p>Next actions</p>	<p>Who?</p>
<p>RECOGNISING We recognise when the last months, days and hours of someone’s life are approaching.</p>					
<p>COMFORTABLE We help them to be as comfortable and as cared for (physically and emotionally) as they want to be throughout.</p>					
<p>UNDERSTANDING AND ANTICIPATING We help them (and those around them) to understand and anticipate what may happen during the time they have left.</p>					
<p>WHAT REALLY MATTERS We understand what really matters to them about this; how they want to live, what they want to achieve and how they want to die.</p>					
<p>LIVING WELL We support them to live well in their own way, as part of their community, focusing on what matters to them together.</p>					
<p>SUPPORTING THROUGH ILLNESS We share what matters to them as appropriate, so that they are supported through times of illness in a way that feels right to them, including in the last days of their life.</p>					
<p>SUPPORTING THOSE CLOSE We help those close to them to feel supported throughout, including after their death.</p>					